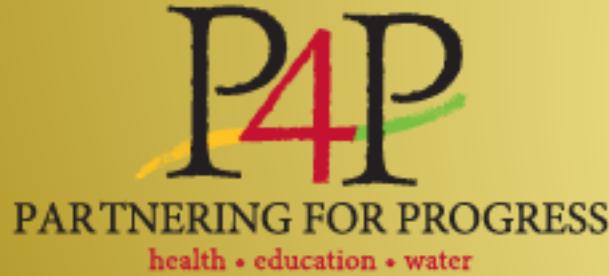


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You give us HOPE!



Notes from the Field By Seth Okumu

Economic Empowerment

Poor health, malnutrition, low education levels and lack of access to safe drinking water are closely related to household income. Poverty is a never-ending spiral that traps so many people.

Partnering for Progress has been running a successful nutrition project which incorporates an aspect of economic empowerment. Clients who are successful in the nutrition program are given two chickens upon graduation and are assisted in purchasing a goat. So far, 15 goats and 52 chickens have been given to guardians in the program, not only improving the household's nutrition but also generating an income source.

If well kept, a single hen can lay an average of 25 eggs and brood four times a year. Some of the eggs are eaten, others are sold and some are left to produce baby chicks. Goats can give birth three times a year. The combined produce from chickens and goats will eventually help the guardians acquire a cow which will ensure a good supply of milk.

With chickens, goats and a cow, the guardians can sell excess eggs or milk to pay school fees and get capital for other income-generating activities.

From health projects, to economic empowerment, to improving education standards – this illustrates how P4P is integrating projects in order to have high impact with limited resources.

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Meet Julie Bunker

Kenya Team, Board Member and Health Committee Volunteer

“I went to Kenya in the fall of 2012 to train clinic staff members on how to identify infants with malnutrition,” says Julie Bunker.

“I found Africa to be hauntingly beautiful. The land was much greener and more vibrant than I had imagined. Although it was difficult to personally see so much suffering, the people we helped were so welcoming and grateful. I would love to go back. And next time, I’ll add a safari.”

Julie was introduced to P4P by long-time volunteer Debbie Stimpson who invited her to join the health program four years ago. She went on to serve as the Health Committee Chair and is currently on the Board of Directors for P4P.

Julie’s skills and over 30 years’ experience as a registered dietitian have been invaluable to P4P’s programs. She now works for Davita Dialysis Center, caring for dialysis patients at Davita’s downtown and northside centers. The Wenatchee native has lived in California and Tennessee but she found her way back to Washington State 25 years ago and has lived in Spokane ever since.

Julie keeps busy with an extended family in the Northwest and is “mom” to rescue dog Boo and rescue cat Seymour. She gardens, knits and enjoys rummaging through antique stores, and she’s hungry to travel the world.

“I love the fact that P4P has such a direct connection to the people,” Julie says, “and I love actually being able to see pictures of the people we are helping. Most of all, I love knowing through P4P I have saved more than one life. I appreciate having such a direct connection to a world so far away. I would highly recommend if there is any way possible, everyone should go to Kenya. It is such a life changing experience.”

Education Committee Report

"When children arrive at school, their first task is to sweep the grounds with branches," says P4P Education Committee volunteer Karen Fisher, describing a typical scene in Kopanga/Giribe.

"Each teacher instructs from 35-80 children with little or no materials," she continues. "They teach Swahili, English, social studies, mathematics, science and sometimes religion. Children sit at bench desks or on cement floors."

With conditions this dire, it is no wonder that one teacher told education volunteers Helen Biggs, Nancy Slough and Karen Fisher, "**You give us hope!**"

The group took a variety of education projects to Kopanga/Giribe last March and:

- Demonstrated, using glitter, how easily germs are transmitted - much to the amazement of patients at the Ogada Clinic
- Distributed books to six primary schools
- Taught literacy methodology
- Distributed Days for Girls Reusable Sanitary Towel kits to 108 girls, enabling them to continue attending classes during their monthly cycle
- Collected letters for a pen pal project with Spokane elementary students
- Inspected two completed P4P water tanks and two more which are nearly complete



The volunteers met with headmasters to identify strategies to keep girls in school, and they met with the Kopanga Education Committee which is composed of leaders in each village who select scholarship recipients. Twenty-two children are currently receiving scholarships. One headmaster requested that P4P lower its academic criteria for scholarship awards, but the Education Committee delegates declined, explaining the need to keep selection standards high.

Helen has made many trips to Kopanga and has been able to see first-hand the positive results of P4P's programs. She reports that primary students test scores are higher; two students qualified for national scholarships, a first for this region; hand washing stations have been installed in a primary school; plus relationships with parents, teachers, headmasters and community leaders has been strengthened.



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ONE EVENT WILL CHANGE A THOUSAND LIVES.

A dinner and auction to benefit
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Don't Miss Into Africa!

Join us on **Saturday, October 10, 2015** at the **Mirabeau Park Hotel** for our annual auction. This is our eighth year hosting this important fundraising event for Partnering for Progress.

The auction is our chance to celebrate you, our supporters and friends, with food, wine and fun and bring you up-to-date on P4P's programs in Kenya. We will have an African-themed menu again this year and auction items include getaways, home décor, services, gifts and more.

Watch for **early bird ticket specials** via email, Facebook, Twitter and Instagram. Ticket prices will be \$65 for individuals; \$650 for a table sponsor (includes eight seats, two bottles of wine, table sign and host's name in event signage); \$500 to host a table of 8 (includes host's name in event signage). Purchase tickets on our auction website intoafricaauction.org.

Sponsorships are available and we welcome in-kind donations for the dessert, silent and live auctions. Please contact committee chair **Pat Lynass** at **(509) 723-9534** for more information.

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Did you know your donations to P4P can be made in monthly installments? Let us know how much you'd like to donate every month, provide a credit card or bank account routing number, and we can automatically draw the payments. Another option is to have your financial institution send a monthly check to Partnering for Progress at P. O. Box 28191, Spokane, WA 99228.

We will recognize your contributions twice a year in our newsletter. The **P4P Partner Program** is designed to make your giving more convenient and benefit P4P by providing steady cash flow throughout the year. Automatic monthly giving can remove the need for mailed solicitations, benefitting the environment and saving P4P valuable staff time, postage and printing costs. For questions, contact our Administrative Coordinator Lee Fowler at [509-720-8408](tel:509-720-8408) or p4poffice@gmail.com.

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Need college text books or office cleaning supplies? CDs or a new cell phone? Buy them online at Amazon's Smile center and 0.5 percent of the purchase price will be donated to P4P. It's easy and anyone can participate.



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