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**P4P**  
PARTNERING FOR PROGRESS  
health • education • water



*Individually we are one drop. Together we are an ocean.*

*~ Ryunosuke Satoro*



By Seth Okumu

### Joint Examination and Awards

Sports are fun because of their competitiveness and the promise of awards at the end. Athletes must put forth significant energy and time to accomplish their goals, and it's known the world-over that human beings do well when their efforts are recognized through praise or awards. It works in sports, and it also works in education. Examinations combined with awards for best performers, just like sports, challenges pupils and teachers to give their best towards learning. This then compounds toward improved performance and education standards in the area.

For the last two years, P4P has facilitated joint examinations and awards ceremonies with partnering schools in the project area. The examinations help teachers gauge how well their pupils understand what they are taught in class as well as prepare them for the final national examination in primary school.

P4P's seven partnering schools were given similar exams in English, mathematics, Kiswahili, science and social studies for the final class of primary school (Class 8). The exams were marked and rated at the school level. During the awards ceremony, all seven schools, teachers, parents and students came together at Magongo Primary. The principal of the primary school was invited to present a motivational talk. He is an inspiring individual since he grew up in the area, succeeded in his academic studies and returned to work with children.

The coming together during the awards encourages all stakeholders who receive prizes to continue their hard work, and it challenges those who are not working hard to put more effort into their studies. The gifts are usually education related and this time included pens, pencils, exercise books and geometry sets.

All of the stakeholders are proud to be part of this activity and are very grateful to P4P for facilitating such a noble course towards improving education. This activity has always been a success!



**DONATE NOW**

Click to donate by Pay Pal or mail donation checks to  
Partnering for Progress, P.O. Box 28191, Spokane, WA 99228. Thank You!

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### Meet Carol Miller

**P4P Board Member, Health Committee Volunteer**

Carol learned about P4P in the very beginning of the organization's inception when she worked with Stacey Mainer at the CHAS Clinic. Carol now serves on the Health Committee and recently joined the Board of Directors.

"I was finally able to go to Kenya in 2012 as a medical provider on a team," Carol says. She has worked as a registered nurse in all areas of nursing before becoming a nurse practitioner.



“What an experience! The connection with the patients, the staff, particularly my interpreter, was so rewarding. I saw many medical conditions I never expected to see in my career: malaria, malnutrition, unusual skin diseases and respiratory diseases since most people cook over open fires. I was surprised that there is very little cardiovascular disease and diabetes, chronic conditions found in the States.”

“The patients were so appreciative of their care and the help from P4P. I remember one woman who had walked all the way from Uganda to be seen. I think that is one reason people are relatively healthy - they walk everywhere and their diet is simple.”

After 40 years in the nursing profession, Carol retired and volunteered at the Union Gospel Mission Medical Clinic. She spends her free time with her husband of 43 years, her three grown children and two grandchildren (that’s Carol and grandkids at vacation Bible school this summer), enjoys volunteering at her church and working in her garden.

“My mind often goes back to the many experiences I had in Kenya,” Carol says. “P4P has the right approach. Every project is thoroughly explored as a partnership with the

local people and the goal is to make the undertaking self-sustainable. I feel so honored to be associated with such a worthwhile organization. P4P has made so much progress in just the last year and it is exciting to have been a small part of that progress.”

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## Heading Out Again - September Trip Update

Ready for a life-changing experience? Ready to make an impact in another part of the world? We have openings for two trips in 2016 and are looking for volunteers in the medical, dental, vision, education and water/sanitation fields. If you do not have experience in these fields but would like to join us, there are other volunteer opportunities as well. Our next trips are scheduled for early winter and summer of 2016.

This is a chance for you to share your expertise, interests and make a difference in the lives of many people. In return, you will learn a great deal from the generous, warm, strong and resilient community members we serve.

*“Thank you for the opportunity to participate in your project. I feel that I gained more than I gave.”* Volunteer feedback.

Since 2008, Partnering for Progress’ volunteer teams have traveled to Kopanga/Giribe, Kenya, for ten days to work with the community in the areas of health, education, water/sanitation and economic development.

Team members intersect with the community and work toward common goals that will break the long-standing cycle of



poverty and disease. Volunteers engage with students, teachers, patients, medical providers and community leaders on a daily basis. Working in an impoverished country, adjusting to a new culture and meeting people who face many challenges can be life changing.

*"I learned that relationships are key. I learned to slow down and connect with people before trying to give them a message."* Volunteer comment.

If you are interested, please contact us at **509-720-8408** or fill out a volunteer application at <http://partneringforprogress.org/volunteer.html>

*"Health education and empowering the women to make healthy choices will be the only thing that will ultimately make any long term difference."* Volunteer testimonial.



### **Welcome New Board Member, Gordon Jackson**

Gordon Jackson comes to the P4P Board of Directors with strong connections to Africa and a wealth of skills that will help us further our mission. The recently-retired Whitworth University writing and media ethics professor grew up in South Africa and has done consulting at universities in Nigeria and Uganda. He was drawn to P4P's hands-on, pragmatic programs and development work in Kenya. Welcome, Gordon!



**ONE EVENT WILL CHANGE  
A THOUSAND LIVES.**

A dinner and auction to benefit  
Partnering for Progress.

## ***Into Africa Benefit is Only Two Months Away***

Discounted hotel packages will be available this year at the Mirabeau Park Hotel, so make your evening at ***Into Africa Auction Benefit*** a mini-getaway. An ***Into Africa Hotel*** package for Saturday night is \$209 a couple for a stay in an Executive Room and 2 tickets to the dinner auction. Just reference our event when making reservations (509) 924-9000. Don't miss out on a special evening of fun and a fabulous African and American buffet prepared by Banquet Chef Frank Comito.

Meanwhile, be sure to buy your tickets and support P4P's most important fundraiser of the year! **October 10th, 5:30 PM, Mirabeau Park Hotel.** Call [509-720-8408](tel:509-720-8408) or go to [www.intoafricaauction.org](http://www.intoafricaauction.org). Proceeds from the evening will benefit P4P's work in Kopanga, Kenya.

**CLICK TO BUY  
TICKETS**

### **Health Committee Report**

**By Beth Sheeran**

During the September trip, providers plan to train clinicians on management of post-partum hemorrhage and teach community health volunteers how to monitor patients in pregnancy and after birth. We will work with the caregivers in our nutrition program to help with babies who are struggling to breast-feed.

Renewed emphasis during this trip will be on African clinicians teaching us. We have asked the Ogada Clinic manager Robert Rhoda to help us navigate the cultural waters as we discuss breast-feeding and contraceptives.

We have been shifting the focus of our medical trips from simply providing medical care to hundreds of people to teaching and learning. This mutual exchange will help us form lasting relationships and bring more sustainable changes to the community.



# Adopt a Baby Elephant

The destructive, cruel practice of ivory poaching is at an all-time high and thousands of elephants are slaughtered every year ([www.bloodivory.org](http://www.bloodivory.org)). Their offspring are left defenseless and usually die as well. However, YOU can become part of the movement to protect and raise elephant orphans. P4P volunteer Eryn Brooks visited the David Sheldrick Wildlife Trust on her P4P trip to Kenya in 2009. She fell in love with the organization and the work that Dame Daphe Sheldrick has dedicated her life toward accomplishing. Eryn adopted Sities upon the birth of her daughter, Delia, and continues to foster the young elephant. For as little as \$50 a year, you too can foster an orphaned elephant.

<http://www.sheldrickwildlifetrust.org/asp/fostering.asp>

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