



Jambo!

Over the last four years it has been exciting to meet and get to know so many of you! P4P is all of YOU -- whether you're a volunteer, a donor or a supporter who believes in us and our mission.

You have helped in so many ways and your impact ranges from financial contributions to hours organizing our auctions, theatre productions and – in the early days -- garage and bake sales! We have one special woman who has made hundreds, and I mean hundreds, of bright, lightweight flannel baby blankets. The joy on the faces of the mothers carrying their newborns in these gorgeous blankets is heartwarming.

Thanks to all of you who help in countless other ways – attending numerous committee meetings, taking minutes, organizing an incredible CD of pictures, running 200 miles to raise funds, attending our fundraising events and listening yet one more time to our appeal for donations!

I'd like to give special recognition to the heart of our organization, our committed, talented volunteers who make up P4P's Board of Directors. As a working board, each member goes far beyond attending monthly board meetings. They also volunteer on at least one, if not several, committees and are active participants in fundraising. The number of hours each Board member spends helping P4P is phenomenal! Our current Board Members: Helen Biggs, Debbie Stimpson, Pat Lynass, Patti Krafft, Thomas Holman, Mike Mainer, Jennifer Day, Rick Matthews and Annie Luu. Our past Board Members: Barb Morkill, Sarah Lyman, Jim Ivers, Anne Stevenson, David Lill, Julie Ernst and Laura Willson.

During our last board meeting, I sat at the end of the table in awe at the growth of P4P. Co-executive director Sandy Ivers and I know that the P4P's forward movement is the result of the all of our volunteers' hard work, commitment and belief in Partnering for Progress. We feel privileged to work such a powerful, talented, dedicated group.

Stacey Mainer
Co-Executive Director
Co-Founder

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clicking on the f (shared through facebook), or by clicking on the in (shared through linkedin).

The Power of Milk

Onyinye Edeh, University of Washington's Global Health Student arrived in Kopanga on June 14th. She sends us weekly reports and has been quite busy! Onyinye is working with Becky Namweyi Wasilwa, the clinic's Power of Milk assistant, Seth and Alice in developing a structured program that enrolls twenty malnourished infants in the Power of Milk. Each infant's mother receives money for cow's milk and a supplement of green grams, millet and maize, or the Vitameal rice supplement.



Our global health student helped revise the nutrition form that tracks the infants' height/weight and arm circumference as well as identify medical and psychosocial risk factors. We hope once we determine factors contributing to malnutrition, we can target specific interventions to treat this frightening problem.

Onyinye and Becky attended the monthly Kopanga Community Health Workers (CHW's) meeting and hope to train health workers to learn to identify malnourished infants. The CHW's will also help with the long-term follow up of these babies.

One of Onyinye's goals are to meet with the Ministry of Health dietician and other officials as well as learn about other nutrition programs currently underway in Kenya. We strongly believe that by joining with government agencies and other nonprofits we will be able to develop a sustainable, successful Power of Milk program in the Kopanga region. We will keep you updated on Onyinye's progress.



Fundraising that's Easy and a Proven Success!

Karen Contos, Escript Coordinator
info@partneringforprogress.org

Escript is a program that allows participating companies to donate a percentage of customer purchase dollars toward their favorite non-profit. Schools have a lot of success with this program, and since other non-profits can use it, too, I registered Partnering for Progress with Escript. It's an easy way to channel funds to P4P. For example, using my grocery card at Yokes last year, Yokes and I donated \$280 to an area high school. I recently switched my donation choice to P4P.

There are three ways to use Escript, (1) as a grocery card, (2) dining at approved restaurants and (3) shopping at the Escript Online Mall.

Yokes is only area grocery store that participates in Escript that allows contributions to non- educational institutions. Several dining establishments in Spokane belong to the Escript program including Prospectors and Northern Lights Brewing. When you pay for your meal using an Escript registered debit or credit card, your group earns 2.5%. Approved online merchants include Nordstrom (who donates 6% of your purchases), Macy's, the Gap, American Airlines, Carnival, Disney and Princess cruises.

Click on the picture to go to the Escript website and sign up. You can get a grocery card and register debit and credit cards online. The sign-up process is simple, but if you need assistance, please let me know and I can guide you through.

In The News

Check out Linda Hagen Miller's article on her trip to Kopanga last

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edition is on news stands now and has a page of wonderful photos. Read the article (sans pictures) at

<http://www.spokanecdawoman.com/featured/herstory-going-to-kenya/>



Water Progress

Drill Con, a respected Kenyan drilling contractor, started installing water tanks and submersible electric pump in the bore hole (well) this week, and the contractor will install two elevated water tanks within the Kopanga Clinic compound. Community members have helped dig the trenches where the plastic water pipe will be laid.

Currently water has to be carried up hill from the well to the clinic. This vitally important project will eliminate the need to manually haul water and will bring potable water to a tank right

next to the clinic. The next phase of the project, installing sinks, a shower and a toilet, is currently being designed and will go out to local contractors for bid.

Meet the Kopanga Clinic Staff

Bilha Inyangala

No-nonsense Bilha Inyangala calls herself an all-around nurse. She loves working with children and manages the pharmacy, the wards, the corridor (which serves as the waiting room) and handles IV's.

Bilha spent a year at the African Institute in Kisumu studying community health and hopes to return for her diploma and finish the three-year course. Originally from western Kenya, Bilha and 5-year-old daughter now live in Kopanga while her husband, an administration policeman, serves in a peacemaking mission in Sierra Leone.



“I like working here because it is well disciplined, busy and there is good management of patients,” Bilha says. “We have no time to chat, even at night, we keep running all the time so patients get good treatment.”

“Our biggest needs? First, we need more wards to care for our patients. Second, more medicine and antibiotics. Third, staff housing because many of the workers stay far away. I pray God will uplift us so we have these things. If we can have wards and medicine and staff quarters, we will feel good and we can take better care of patients. Patients first, always patients.”



Time. Volunteer. We have two major fundraisers each year, a theatre production collaboration in the spring and an auction in fall. Both need volunteers for a variety of tasks.

Talent. Host a fundraising party or baby shower. This is a great way to raise awareness and spread information about our work in Kenya.

Talent. Serve on a committee. The Marketing Committee needs a proofreader, creative thinker and graphic designer. Contact Sandy Ivers at info@partneringforprogress.org

Treasure. Donate. Give a gift in the name of a family member or friend. It's a wonderful way to honor that person. To donate, send a check to: Partnering for Progress, PO Box 28191, Spokane, WA 99228 or contribute via PayPal on our website: www.partneringforprogress.org.

Stay informed. Sign up for our mailing list by emailing us at info@partneringforprogress.org

Africa Rising?

Recently National Public Radio's On Point interviewed New York Times columnist and Pulitzer Prize winner Nick Kristof on the recent and seldom recognized economic growth in Africa. According to the report, six of the world's ten fastest growing economies since 2001 are on the African continent. Natural resources, relative peace, market driven economies, growing democracies and stronger governance all contribute to the newfound prosperity.

Many challenges remain, Kristof says, but the future is brighter than it has been for centuries. To listen to the podcast, go to <http://onpoint.wbur.org/2012/07/09/nick-kristof-on-africa> and click Download.



Join P4P at Unity in the Community

P4P will have a table at our region's largest multicultural celebration, the 18th Annual Unity in the Community event at Riverfront Park on Saturday, August 18th from 10 am to 4 pm. Last year the event had over 150 vendors and 6,000 attendees. This year's highlights include free K-8th school supplies, a cultural village, and live entertainment on 3 stages.

We need volunteers to help work the booth as we share information and sell items for fundraising. If you are interested, please contact Karen Contos at (509) 688-9021 or send an email to info@partneringforprogress.org.

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