



"When people walk on the sand, their foot marks can wash away with the first rain. But when P4P walks through the sand, they leave durable foot marks that never fade."

~ Kopanga school principal's message to P4P team September 2017



Field Notes

by Nereah Obura, P4P Project Coordinator

While political unrest continues to delay transportation and communication, some village groups are forging ahead to create a brighter future. The most recent effort of P4P is the granting of small business loans to Maendeleo Pamoja groups. This is Swahili for Development Together. Five out of six cooperatives were visited in October. This is our first round of grants, designed to help people become more self-sufficient by generating their own incomes.

I visited each group to meet the members, get to understand the activities that they are currently involved in, how they intend to use the P4P grant and how the larger community would benefit. I was able to give each of them their deposit slip. Here's one Maendeleo Pamoja story.



Young Sisters Women Group

Young Sisters Women has 20 members who have been buying large bags of grain in Migori – the nearest large town. Then they sell these products in smaller packets, which are more affordable, at the local Manyera Market. They requested P4P’s assistance to be able to purchase corn, beans, groundnuts and other cereals in bulk quantities. Part of the profits would be used to purchase local chickens for members, using a table banking method. Table banking is a group funding method where members save and borrow directly from their savings in either short-term or long-term loans. This process is done on and around a table, hence the name, “table banking.” This strategy has worked well to save for goats, chickens and to provide school fees for their children.

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Foot Marks in the Sand - September’s Kopanga Service Team

By Linda Hagen Miller, Communications Committee and Team Member

The Leaders

With three P4P trips under their belts, **Wayne and Patti Krafft** are well-seasoned travelers with experience doing our work in Kenya.



Patti collected all of the medical supplies and Days for Girls kits beforehand, which totaled nine 50-pound duffle bags. As the trip drew near, she answered volunteers' myriad questions and coordinated logistics. In Kopanga/Giribe, Patti worked seamlessly at the clinics and was unflappable during the

chaos of measuring and weighing babies during Power of Milk assessments.

“Hakuna matata,” the ever-catchy phrase from Disney’s *The Lion King*, means no worries, or go with the flow, and those sentiments came up more than once as Wayne coordinated all of the moving parts that encompass P4P’s work in Kopanga and Giribe. Wayne is well-known and respected in the



area and has an easy rapport with educators, community leaders and medical personnel.

The Doctors



Sarah Sowerine MD (left) and **Ashley Brown MD** (right) are no strangers to Third World travel and both were prepared for the poverty and disease they would see in Kenya. Most of the week they worked at the Ogada Clinic. In a single day at the make-shift bush clinic, they treated 83 patients in a steady stream, never even breaking for lunch. With little more than a stethoscope, questions and the help of an interpreter, they diagnosed and treated everything from wounds to worms, HIV, malaria, cataracts, malnutrition, scabies, infections, typhoid, STDs and more on what they likened to a scavenger hunt where one hint lead to another, or sometimes to a dead end.

The Medical Support Team



Rae Copsey believes “If you have the ability, you have the responsibility.” She easily moved from Days for Girls instruction and distribution at six schools to co-organizing and running the pharmacy at the bush clinic to assisting the doctors. Her colorfully tattooed arms were quite the curiosity and many of the little girls shyly attempted to rub them off. EMT **Matt Disbury** worked with Community Health Volunteers who serve their villages without pay in Kenya and have minimal first aid training. He talked to them about disease prevention and instructed on the best ways to treat cuts and burns, choking, broken bones, heart attack, strokes and more. At the end of his presentation, one of the CHVs thanked him, adding, “We love your heart.”

The Generalist

With unflagging enthusiasm, Chrisdee Imthurn jumped in wherever and whenever needed. She helped set up and run the pharmacy at the bush clinic, assisted with Days for Girls training and evaluation at six schools,



measured babies during Power of Milk, helped in the Ogada lab and made everyone laugh out loud as she continually called out “Zumba!” to waving kids. It was just a bit of a deviation from the typical Jambo greeting.

The Waterman

“Tanks for the memories,” Bob Miller wrote on his post-trip assessment. He traveled throughout the Kopanga/Giribe region testing a dozen water sources that included tanks P4P has installed as well as a spring, dam and borehole. These water sources supply drinking and cooking water for 200 students to upwards of 1,000 villagers. The pass/fail ratio for water safety was almost 50/50. Bob suggested making Waterguard, an inexpensive water treatment, more available to purify drinking water.



The Journalist

I interviewed 14 people and took about 1,000 photos. P4P will use



the edited pictures and stories in newsletters, marketing material and social media. I know my work is valuable to P4P's marketing and recruitment, but I didn't feel I'd had any positive impact on the people in Kopanga/Giribe. Well, never underestimate the power of asking someone their story. Tabitha Apondi, one of our interpreters, wrote to me last month, "I love the passion with which you carry out your work, as well as your social power. None was passed by you."

Volunteer

P4P September, 2017 Trip Report by Wayne Krafft



Front row (left to right): Patti Krafft, Nereah Obura, Sarah Sowerwine, Rae Copsey, Ashley Brown, Seth Okumu, Linda Hagen-Miller *Back row (left to right):* Wayne Krafft, Chrisdee Imthurn, Matt Didsbury, Bob Miller

Ogada Clinic

We had a slow start at the Ogada Clinic because few patients showed up, so we got creative and went to Robert Rhoda's orphanage and his wife Faith's school for the deaf and provided medical care for the kids there. The medical



team described this as exceptionally productive and rewarding. They spent the rest of the week at the Ogada Clinic providing a wide variety of treatment.



Bush Clinic

We left Migori at 7:00 AM to set up a mobile/bush clinic in a remote clinic building that is still under construction. When we arrived, the concrete floors had been swept and mopped, tables and chairs were being delivered and patients were lining up. Matt provided first aid training to the Community Health Volunteers and assisted with admitting. Patti and Bob handled patient intake and Sarah, Ashley and Patti provided care. Chrisdee and Rae worked the pharmacy with help from Bob and Wayne. Linda documented the event. We treated 83 patients, performed lab work and distributed medications. Unfortunately, we were not able to see everyone, and many were turned away.

Primary Schools and Days for Girls

Rae and Chrisdee visited schools to distribute reusable sanitary napkin kits and Bob accompanied to do water testing.

(Note: Never plan on a school visit being accomplished in less than an hour. The students want to see and shake hands with you--the mzunga—you will be introduced to the teaching staff, the students may line up and

sing a song, and you may be asked to give them words of wisdom. Finally, everybody signs the guest book. Hakuna matata.)



Bob took water samples at numerous tanks and found that some are in better shape than others. Some of the tanks do not provide sufficient water to last through the dry season. Wayne and Bob visited a spring that is an alternate water source for one of the schools and declared it profoundly contaminated. Bacteria test indicated the stream is unfit for drinking.





We met with Frankline, Rose, Ephy, Lavender and Naomi who were all very appreciative to be in the high school scholarship program. Frankline, Ephy and Naomi want to be teachers. Lavender and Rose (who is ready to graduate) want to be

nurses.



Power of Milk Day at Ogada Clinic

This was the big day with 30 babies and their caregivers coming to the clinic for check-ups, their Plumpy Nut supply and education. This year all of the babies received de-worming medication. When P4P is not in Kenya, the Ogada Clinic provides monthly medical assessments for the babies.

Primary School Awards Ceremony

All of the students attending P4P scholarship schools gathered to be recognized and rewarded for their high test scores on the standardized tests. This was a big event that included head teachers, staff and students from all the primary schools in our scholarship program. The top scoring students received dictionaries, bibles, notebooks, pens and pencils. Their pride of accomplishment was clear. It will never cease to amaze us what a wonderful gift it is for these students to receive a simple pen. We were all moved by this statement by one of the speakers, *“When people walk on the sand, their foot marks can wash away with the first rain. But when P4P walks through the sand, they leave durable foot marks that never fade.”*

Welcome New Board Members

We are delighted to announce that **Rosemary Muriungi** and **Sydney Russell** recently joined P4P's Board of Directors.

Rosemary Muriungi is a Doctoral Researcher in Leadership Studies and the Master's Program in Organizational Development at Gonzaga University. She has served as LEADS Coordinator at the Gonzaga University Unity Multicultural Education Center (UMEC). Rosemary hails from Nairobi, Kenya, where she was Deputy Head of Human Resources at United Nations Development Programme. She brings a wealth of experience and knowledge on leadership, cultural diversity and inclusion.

Sydney Russell is a CPA at the Moss Adams public accounting firm. Sydney's background in finance and accounting brings much needed skills and experience to P4P. We are very excited to have both of these talented professionals join our board.

New Video - A Decade of Progress

Please take a moment to view our newest video. Founders Sandy Ivers and Stacey Mainer share their thoughts about the organization's decade of progress *and* their immeasurable gratitude. It takes a village to make a world of difference, a world away. See what your support makes possible.

A special thank you to Krister Persing, *Viewfinder Video*, and Mike Dziak, *EVI Productions*, who created this compelling video “A Decade of Progress” about P4P’s mission and accomplishments in Kenya.

Giving Tuesday

Don't forget **Giving Tuesday**, November 28th! It's your chance to hold hands with the rest of the world by contributing to or volunteering with the organization of your choice. And we hope that's P4P.

Sign up for **Amazon Smile** and .05% of everything you purchase on Amazon automatically generates a contribution to P4P. It costs you nothing and means the world to P4P. Go to smile.amazon.com to register and sign in there with every purchase.

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A Special Thank You

Many generous in-kind donations from around the area graced our silent and loud auction tables for our 10th annual Into Africa Auction benefit last month.

Our deep gratitude goes to the donors and volunteers who selflessly shared their time, talent and treasure. Your donations send children to school, provide clean water, foster economic empowerment and save lives through our health care programs. Asante sana!

*Wishing all our Partnering for Progress supporters,
board, volunteers and staff a safe and joyous holiday!*

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